



evergreen club

Discover Your Path

Evergreen Club Memberships

January 1 - December 31, 2023 \$35

Website www.evergreenclub.ca

Email: info@evergreenclub.ca

Florence Filberg Centre Reception

411 Anderton Ave

Courtenay, BC V9N 6C6

Monday to Friday 8:30 am - 4:00 pm

Phone 250-338-1000

Evergreen Lounge Food Service

Monday 8:30 am - 1:00 pm

Tuesday - Friday 8:30 am - 3:00 pm

Kitchen Phone: 250-338-1953



Camera Club Winner Abandoned Buildings

Photography by Beth Millar

President's Message

Submitted by Gord Kruger Evergreen Club President

And once again it's "Greetings To All".....I do hope that all is going well in your world. May has been such a great weather month that it's somewhat sad to see it come to an end. However, rumor has it that things will continue to stay this way into June so we'll be able to enjoy these great sunny days for a time yet. And around the club things are as usual, very busy. Unfortunately our Club Coordinator Janet had a mishap with her bicycle earlier in May and came away with a rather badly broken wrist. She is now in the midst of a "Healing Period" and we wish her a very speedy recovery. The injury slowed her down a bit but she has been a real trooper through it all and has continued her duties.....and become a rather talented one hand typist. All the best Janet.

First of all a few club things of note. We really do need some more kitchen volunteers. Your commitment as a volunteer can be as little as once a month. If your talents happen to include kitchen things, then this might be the opportunity you have been looking for. Name tags are now available for members to purchase at a cost of \$10. If you happen to be a Volunteer Activity Rep the cost is waived and you get a freebee. There is a fill-out form at reception to fill out if you wish a name tag. Members are encouraged to wear the name tags while at the club or on bus trips as it really helps to build community.

Continued on page 2.

JUNE 2023

The Evergreen Club Monthly Newsletter

DATES TO REMEMBER

EG Executive Committee

Monday June 12th 11 am

Activity Club Reps Meeting

No rep meeting until September

Canada Day Tea Dance

Saturday July 1st 2 pm

Native Sons Hall

Free

Friday Night Dances

June 2, 9, 16, 23, 30

Rotary Hall 7:30 pm

Members' Ice Cream Social

Wednesday August 16th

Free Details TBA

EVERGREEN CLUB NEWS

CRA Evergreen Club

Courtenay Recreational Association
250-338-1000

Janet CRA Exec. Director &
EG Club Coordinator
jhutchinson@courtenay.ca

Cathy EG Club Special Event &
Volunteer Coordinator
caudia@courtenay.ca

Alisha EG Food Services
Coordinator

CRA Evergreen Club Executive Committee

President
Gord Kruger 250-339-4389

Vice-President
Nettie Webers 250-334-3499

Secretary
Dianne Bruon 250-338-0940

Wayne King 250-339-4127

Riki Jager 250-339-1316

Ron Webber 250-338-6603

Louise Stevenson
louisedragonrider@gmail.com

Evergreen Club Activity Representatives

Each of our Activity Clubs has a volunteer representative (aka the Rep). For names and contact information for an Activity Rep please contact reception.

Activity Club Reps: Please submit your newsletter reports for the **July/August newsletter by Wednesday June 21st**

Submit to the office or email Janet at jhutchinson@courtenay.ca

President's message continued...

There will be an Evergreen Members Meeting this fall where you will be able to get an update on all things Evergreen and also be given an opportunity to provide input and/or voice your opinion. We are always looking for ideas and suggestions on how to add to Evergreen activities. The June Mystery Trip is scheduled for the 9th and will leave the upper level exit at 10:00 am. The cost of the trip is \$60. This price does not include food or drinks. The Skywalk and Butchart Gardens tour is set to go on Wednesday June 21 from the upper level exit at 8:00 am with return time expected to be around 7:30pm. The fare is \$160 and includes bus costs and entrance fees to Butchart Gardens. By the way, the Malahat Skywalk experience is "Wheelchair Friendly" and the ramp to the top is slow and gradual making it walker friendly. See the trip page in this newsletter for further detail.

Before I depart I want to pass along this tidbit that was passed along to me as I approach number Eighty-Two.....I would guess that most of our membership came into this world in the 40's, 50's & 60's.....we then did our early growing up during that same time period. We then began our studies and matured a bit during the 50's, 60's & 70's ...we also dated and discovered romance and love during that same time period. Then it was marriage, family and finding out who and what we were during the 60's, 70's & 80's. We then stabilized and supposedly got wiser during the 70's, 80's & 90's. Then with our new found maturity and new found wisdom we strode firmly into the 2000's.....and here we are in 2023.....we have lived during NINE DIFFERENT DECADES, TWO DIFFERENT CENTURIES, and TWO DIFFERENT MILLENNIA..... CONGRATULATIONS!!!!Adios my friends.....gk

Table of Contents

Evergreen Club News	p. 2 -5
Cathy's Corner	p. 6
Volunteer Opportunities	p. 6
More Evergreen News	p. 7
Kitchen News	p. 8
Activity Clubs News	p. 9 - 14
Evergreen Trips	p. 15
EG Activities at a Glance	p. 16



The Evergreen Club is a program of the Courtenay Recreational Association (CRA), a non-profit organization. The Evergreen Club's Executive Committee oversees the Evergreen Club on behalf of the CRA Board of Directors.

Cover Photo

The Camera Club encourages members to expand their horizons as well as show off their work by holding an internal competition every two months. We have a set subject, albeit usually one with many interpretations. We each select five images from those submitted and the nine with the most votes are then displayed in the EG Lounge for a month. All those visiting the centre are able to vote for their favourite. The theme showcased in this newsletter is Abandoned Places. The 1st place and 2nd place winners are used for The Evergreen Club's newsletter front page, one each month.

EVERGREEN CLUB NEWS

A NOTE FROM JANET

I really enjoyed the May weather but I got out on my bike one time too many. A small slip led to a fall and a broken wrist! So you might like to know that I am typing and preparing this newsletter with one hand! I missed a few days of work, and it has slowed me down, but it should heal up just fine in a few more weeks. As many of you know I love to swim in the ocean. Though I can't get right in and swim I managed to go wading a few times and sit with my chair in the water.



After a very busy winter and spring it is a bit quieter at the Evergreen Club. Some groups don't meet over the summer, so check the back page of the newsletter or talk with your Volunteer Activity Rep to see if your group is meeting. We are planning more day trips this summer, some of which are announced in this newsletter and there will be more in the July/August newsletter. Any time we go to Victoria or further afield we use a large coach but for our shorter trips we use smaller buses. We had some trouble with the 24 seater bus we usually charter so we are changing buses to make sure we have air conditioning! We have yet not relaunched our overnight excursions. We had big plans for a three day North Island Explorer this year but have not been able to get that finalized. We will likely look at short trips again for later in 2023 and for 2024.

This summer we have the annual Canada Day Tea Dance at the Native Sons Hall and the Members' Ice Cream Social in the park in August. Watch for those events! Cheers, Janet

Mark Your Calendars GET-UP-AND-GO CHALLENGE



Save the date, Thursday September 14th, to take part in the "Get-Up-and-Go Challenge" at the Evergreen Club. This age 55+ event "CHALLENGES" you and your friends to complete your choice of one, of three, pre-determined routes (1.5 km, 2.5 km, 4 km). All routes begin/end at the Evergreen lounge in the Filberg Centre. Routes can be completed in any fashion you choose, e.g., walk, jog, bike, etc. This event is non-competitive, the amount of time it takes to complete is not important. The "CHALLENGE" is to complete the route. You will also receive a customized event Lanyard, can participate in a scavenger hunt contest, and will be able to relax with refreshments and snacks after the event. The Get-Up-and-Go Challenge provides a convenient and non-competitive opportunity to get out and have some exercise and fun with your friends.

We still need volunteers to help run the event. If interested in volunteering please contact: Ron Sitter 250-336-2768 or ronsitter@shaw.ca

Checking Out the Evergreen Club is Free!

You are very welcome to drop in and check out any activity. If you would like more information about a specific activity you can contact the Volunteer Activity Rep. If their name and contact information is not listed please ask the office for the rep's phone number or email. Prospective members can visit once or twice before taking out an Evergreen Club membership.

Join the fun at the Evergreen Club!

Evergreen Club Membership

\$35 January 1– December 31, 2023

All membership fees go towards the operation of the Evergreen Club, which is a non-profit organization. Membership is required to participate in all activities at the Evergreen Club. Please take out your 2023 membership now!

You can get an Evergreen Club membership online at the City of Courtenay or call or drop by the Lewis Centre or the Filberg Centre.

Lewis Centre 250 338 5371
Filberg Centre 250 338 1000

Members' Name Tags

Name tags are now available for all members to purchase. The name tags are a great way to build community within the club, and are especially helpful for new members (or that one person's name you can't remember!) The name tags are \$10 and are a fundraiser for the club. All Evergreen Volunteers will receive a free name tag. We encourage everyone to wear name tags while you are at the club or on bus trips.

EVERGREEN CLUB NEWS & EVENTS

The Evergreen Club presents...

July 1st Tea Dance

Fun for
everyone!

A part of Courtenay's Canada Day celebrations!

Saturday, July 1

2:00 pm

Native Sons Hall, Grand Hall

FREE admission

Music provided by the
Georgia Strait
Big Band!

Cake and beverages
will be served.



Evergreen Club • evergreenclub.ca • 250-338-1000



EVERGREEN CLUB FRIDAY NIGHT DANCES

7:30 pm Rotary Hall

Florence Filberg Centre

June 2 Double Play

June 9 Amigos

June 16 Nite Life

June 23 Amigos

June 30 Double Play

Admission at the door

Members \$10

Non Members \$12



Coffee/tea /cookies included.

Non alcoholic beverage available for purchase.

Computer Support is back!



The Computer/iPad/iPhone
Assistance Program is on again!

Our computer assistance volunteer is back from
holidays and is ready to sit with you one-on-one to
go over your questions.

Fill out the questionnaire/form to request
assistance located on the cork board outside
of Janet's office.

Submit to Cathy, Janet or Reception.

Our Computer Assistance Volunteer Jan will call
you to book your appointment!

EVERGREEN CLUB NEWS

Important Evergreen Club Day Trip Info



Any person participating in a day or overnight trip from the Evergreen Club must have a current membership.

Registration for new trips start on the 1st Tuesday of the month.

Add your name to the waitlist if a trip is sold out, we often have room for more people at the last minute.

Cancellations made less than 30 days before the trip date cannot be refunded unless the seat is filled from the wait list.

Bring water, snacks, or blanket needed for travelling.

Did You Know?

You can register for trips or take out an Evergreen Club membership at the Lewis Centre or the Filberg Centre?
(In person or by phone)

Lewis Centre 250 338 5371
Filberg Centre 250 338 1000

NEW MEMBERS' WELCOME

We have had great turn-outs for the monthly New Members' Welcome over the past year. The New Members' Welcome gives us a chance to carve out some time to chat with new, or prospective members. These monthly meetings will break over the summer for the months of June, July and August and will resume again in September.



Any prospective, or new member, who would like to chat about all things Evergreen please stop by Cathy or Janet's office. We'd be very happy to chat with you!

The winner of May's Where in the World are You From ?



Contest is
Peg MacMillan

Pick up your prize at reception!

The Florence Filberg Centre, the Evergreen Club & our trips are
Scent Free Zones

Thank you for being aware of this policy and helping all our members be comfortable while at the Evergreen Club.

Thank you to our Slo Pitch 2023 Sponsors



Courtenay Nissan
\$300.00
Temprite Solutions
\$200.00
**Glacier King Junior
Hockey Team**
\$500.00



Do you play Chess ?

The Chess Club has started up on Wednesday at 1 pm. Come play a game or two in the Craft Room.

Rico will welcome you and help organize the games. All skill levels welcome!



Our facebook page name is
The Evergreen Club
at the Florence Filberg Centre.



CATHY'S CORNER

The return of the beautiful weather gives us the chance to spend more time outdoors, and we will see more of our trips taking advantage of the warmer temperatures. Janet and I are always looking for new trip ideas and paying attention to which trips are more popular than others. Our goal is to provide a variety of trips that everyone enjoys, and also try to keep the majority of trips accessible for those up for an outing. I am currently enjoying planning some of the summer trips. I don't often have chance to take a full day away from the office to host, but I get to take the trips vicariously, through the planning process.

The first week of May was a busy week for many of our kitchen volunteers. Many of them took the time to spend the better part of 2 days taking the Food Safe Level 1 Course. In addition to that, they still completed their regular kitchen shifts for the week. The Food Safe course is an important part of the training for the kitchen volunteers as it teaches them all about harmful pathogens in food that can lead to food borne illness. We are required to have one person on each shift with Food Safe. If you haven't thanked the kitchen volunteers for their contribution to the club lately, now is a great time.

The Comox Valley Concert Band put on another great show on Mother's Day. This was a great fundraiser for the club and we had over 130 people in attendance. Thank you to the volunteers who help at this event and made sure everything ran smoothly; Andrea, Charlotte, Donna, Jin, Lena and Maria.

Cathy

VOLUNTEER OPPORTUNITIES

Have you been meaning to start giving back to the club by volunteering? Than perhaps 2023 is the year! Read the Volunteer Call Out section in the newsletter each month to see our current volunteer opportunities. There is always a new way to contribute.

Kitchen Volunteers

We would love to have your help as part of our kitchen crew. Shifts start at just 2 hours and your commitment can be as little as once a month. We work around your schedule so we can fit into your life. Shifts allow time to sit and enjoy a coffee and muffin with the other volunteers and are great ways to meet new people and contribute to our club.

Event Planner

If you have an idea for a special event you would like to plan, we would love to hear from you. Planning a Special Event is very rewarding to see it all come together, and the smiling faces of those who attend your event. You will have the creative flexibility to make your vision come to life, with the support of the Evergreen Staff to ensure your event is successful.

Bingo Caller

Do you have a voice so smooth it needs to be heard over a loud speaker? Maybe Bingo Calling is your calling. A Bingo Caller has a shift every 3rd or 4th Friday from approx. 12:30 to 3:15. The position includes, not only calling the numbers, but also collecting and counting money. Training is provided, and this position is well supported as there is always someone to help you out with your questions. If you are interested in this position we can arrange a shift for you to shadow a caller with no obligation.

Please contact Cathy if you have any questions or are interested in any of the positions.

Cathy Audia

Volunteer and Special Event Coordinator 250 338 1000 or caudia@courtenay.ca



Miriam's Muse

This monthly column features wisdoms, jokes and sentiments that serve as inspiration for Miriam Piikkila. Every month a joke or musing is copied from her scrapbook which she generously has agreed to share with us.

Thanks Miriam!

Jokes of the Month

If you are what you eat, then I'd rather be a bon-bon than a brussel sprout.

Most of us will never do great things, but we can do small things in great ways.

If we fill our hours with regrets of yesterday, and with worries of tomorrow, we have no today in which to be thankful.

I gave up smoking, drinking and junk food... it was the worst 15 minutes of my life.

MORE EVERGREEN CLUB NEWS

Spotlight on the Choristers By Miriam Piikkila

Congratulations to the Choristers for 73 years of continuous singing (even singing outside during Covid) and they are still going strong.

The CRA Choristers started singing in May 1950 with sixteen members who sang every Thursday night at the Agricultural Hall, renamed the CRA Hall, renamed the Lewis Centre. They sang at local venues and care facilities. When the Florence Filberg Centre opened on July 11, 1988, they practiced there. Their dress code was white and black and was later changed to casual. On festive occasions, they dressed for the season.



In fact, the Choristers have sung many times at the Filberg Centre, including birthday parties and in the lounge to entertain. Their 8th Variety Show was held in 2016. Individuals, duos, trios, quartets and the Choristers added to the success of their show. There were over 70 names on the Choristers' roster pre COVID and the numbers are returning.

The Choristers have performed at many venues in the Comox Valley over the years, including 11 Senior Facilities (Yes, that's right!), having a monthly performance at some of them. They have also performed at 2 malls, the Westerly Hotel, the Filberg Lodge and at the Anderton Gardens.

Further afield, they sang in Campbell River, Parksville and Victoria. While in Victoria, 48 Choristers sang to the Lieutenant Governor Steven Point, his wife and staff at the Government House. They also sang in the Rotunda at the Parliament Buildings and at 2 Senior Celebration Festivals at the George Parkes Recreation Centre. Many wonderful memories were created and they surprised people with their 2 flash mobs, singing on the bus on their travels and at their lunches. It was lots of fun.

In the past and present, many Choristers, directors, pianists, and musicians have shared their musical talents. Loretta Jensen, also their greeter, has assembled song booklets since 2006. Rick Forward selected their songs for over 10 years. Val Parmley has directed the Choristers for 13 years. Mary Ann Tait, their Celtic lass, has been singing in the Valley for 50 years. Their dedication is much appreciated.

The late Ken Macleod Extraordinaire produced single handedly 19 musical shows. His last Remembrance Day Show was in 2018 with the Choristers being an integral part of the show. This November 8th, 2023, the Remembrance Day Show will be dedicated to Ken Macleod and the Choristers will be performing once again.

Singing has many benefits. Music has the capacity to Heal, Comfort and Inspire. The Choristers warmly welcome new members.

You can join them on Friday mornings in the Rotary Hall from 10:30-12:00 pm.

Continued Success Choristers!!



Val Parmley



Watch the menu board for surprise lunch specials

EVERGREEN CLUB KITCHEN

June Lunch Specials

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2 Ruebens
5	6 Chicken Pot Pie	7 	8	9 BBQ Cheeseburgers <i>GF option avail.</i>
12	13 Chicken Cordon Bleu <i>GF option avail.</i>	14 	15	16 Lasagna <i>Veg. option avail.</i>
19	20 Homemade Pizza <i>GF & veg option avail.</i>	21 	22	23 Beef Dip
26	27 Tacos <i>GF</i>	28 	29	30 Beef Stew <i>GF</i>

Food Services Hours

Tuesday, Wednesday, Thursday, Friday 8:30 am to 3:00 pm
Monday Early Closing 8:30 am to 1:00 pm

Daily Menu

Fresh sandwiches, soups, salads, baked goods and beverages.
Take home frozen entrees & soups.

Hot Specials \$7.50

Typically served on
Tuesdays, Wednesdays and Fridays starting at 11:30 am



Please bring a bag for your take out meals!
We are trying to reduce the use of plastics!

We have launched some more diverse menu items to include more options for those with dietary restrictions and preferences. The kitchen is offering new options to include more gluten free and vegetarian choices.

EVERGREEN CLUB ACTIVITY CLUBS

The Art Group

Well the lovely weather seems to be with us but instead of heading outside to paint in 'plein air' we spend our Thursday afternoons in the craft room enjoying our room with a 'view'. During the current month we have a display of our recent, and some not so recent, art works in the Evergreen Lounge, please drop by and take a look and we hope you enjoy them.



This month we are featuring a work by one of our artists, Walter Fraser. Walter's work constantly amazes us as he produces interesting impressionistic art, mostly in the form of landscapes but also floral patterns.

Often the images come from his mind but he also has a large amount of reference material consisting of his own photos. Working in pastel and watercolour (and occasionally other media) on a variety of 'papers' recently including napkins. Walter brings imagination and inspiration to our group. This work, although untitled, is an 'impression on a napkin'!

Take care, jane

Bingo

Bingo is bringing out a larger crowd every Friday. Cost is \$2.00 for the first 2 cards and 50 cents for any others up to a maximum of 8 cards. Tickets for the 50/50 are \$1.00 each. If you are looking for fun, come out, have lunch and spend a pleasant afternoon playing!



Brazilian Embroidery

Join us in the Craft Room on Thursday mornings at 9:00 am. Come see this beautiful style of embroidery.

Bridge Thursday

Thursday afternoon Bridge is in the back half of the Florence Filberg Rotary Hall 12:30 pm start.

Bridge Tuesday Night

Join us for Bridge in the Florence Filberg Rotary Hall at 6:45 pm.

Book Club

The Book Club meets the first Monday of every month at 1 pm in the Florence Filberg Centre. Some of the titles read and recommended by our members at our May meeting were:

The Diary of a Bookseller, Shaun Bythell
Hotline, Dimitri Nasrallah
The Four Winds, Kristin Hannah
Demon Copperhead, Barbara Kingsolver
Growing Pains, Emily Carr
The Last Runaway, Tracy Chevalier
Our Souls at Night, Kent Haruf
Birnam Wood, Eleanor Catton
We Are All Completely Beside Ourselves, Karen Joy Fowler
The Gift, Richard Paul Evans
The Brightest Sun, Adrienne Benson
Once is Enough, Miles Smeeton



Our next meeting will be June 5th, at 1 pm in the Florence Filberg Centre upstairs in the Soroptimist Room. This will be our last meeting until September.
Joyce

Camera Club

Don't know your F-stop from an ISO? Can't find your camera's "ON" button? Worried you'll get arrested if you shoot RAW? If you answer "YES" to any of these, then the Evergreen Camera Club is for you. We welcome all levels of photographers from shy beginners to seasoned pros.

We meet in the Rotary Hall twice a month on the 1st and 3rd Thursdays. From noon to 1pm we focus on photo editing and other advanced topics. From 1 to 2:30pm we host our general meeting, where we discuss all things cameras and photography. Come give us a try (and bring your camera).

Canasta

We meet on Mondays from 9:00 am to 11:30 am in the Evergreen Lounge. New players are very welcome.

Carpet Bowlers

Drop in play continues at 1 PM most Tuesdays and Thursdays. There will be no games June 8,13,15, and 22.

EVERGREEN CLUB ACTIVITY CLUBS

Choristers

I am saddened for announce that we are now in need of a new pianist for our Friday sing alongs, Mary has chosen to move on to new adventures so we will be without a musician. I hope we can find someone to replace her who is also able to do singouts starting in the fall. We will be going with Pat Barr on guitar and Mirruim on the piano for now but hope we get a new pianist soon so Mirrium can go back to singing.

We won't be singing out for now but hope to start back in the Fall. Feel free to join us on Friday mornings at 10:30 am to sing a bunch of old favorites. Hope to see you there!

Valerie Call me at 250 897 1749 if you would like to be our new pianist

Chess

The Chess Club has started up on Wednesday at 1 pm. Come play a game or two the Craft Room. Rico will welcome you and help organize the games. All skill levels welcome!

Cribbage

Come play crib on Tuesday mornings at 10 am in the Rotary Hall. Everyone welcome!



Cue Sports

Drop by the Games Room for a game of 8 Ball or Snooker Monday through Friday between 8:30 am and 4:30 pm. The Games Room will also be open, some evenings between 6:30 pm to 9 pm but you must arrive between 6:30 pm and 7 pm after which the Filberg Centre doors are locked.

Evening play will be most Mondays, Tuesdays, Thursdays and some Fridays. Please watch the bulletin board in the Games Room for last minute changes for evening play. All players must be out of the Games Room and lights out by 9 pm sharp. Please respect the custodial schedules and adhere to these times.

Cycling



New members welcome!

Drama

Hello everyone sure hope you enjoyed our last performance as much as we enjoyed doing the show. The after party at The White Spot went very well. Betty is stepping back from performing and directing. We hope she will continue to attend our meetings and offer her good advice. Our friend Rob Sitter is taking the lead on our next performance of A Murder Mystery. I hear it is going very well and it is sure to please. Our next meeting will be on Monday the 5th of June and i hope to see most of you there. There will be tea and coffee and maybe a cookie or two. So come and enjoy the meeting. Phillip Parmley.

Darts

Darts are played in the Rotary Hall every Tuesday morning. It starts at 10:30 am sharp until 12:30. We ask everyone to be here by 10:15 so we can organize teams. It is a fun non competitive way to spend a Tuesday morning. No experience necessary. We have a great bunch of people. It costs \$1.00 per week.

Some high score this past month:
William-100, Brian-100, Dick-102, Steve-105, Mike-109, Lyle-109, John-114, Bob-114, Lynn-115, Kybor-124, Dennis-125, Norma-134, Linda M-138, Wayne -140
High checkout: Norma-45, Mike-88, Val 222 (triple 2)

We had a fun dart tournament on a Saturday and we made a day of it. Thank you to Ginny Greene for helping out by marking wins and losses and keeping us organized.

For more information contact Linda MacMullen at 250-897-0646

Euchre

Euchre is on Thursday afternoons at 1 pm. Please join us for some good-natured competition and fun in the Evergreen Lounge.

Fabric Arts

(formally Fabric Painters)

Our group is recessing until September and will be renamed Fabric Arts. We are expanding our interest in creating more kinds of fabric art and trying new projects in addition to fabric painting. Looking forward to new members.

Marjorie

Floor Curling

We are done for the year, see you in the fall!

EVERGREEN CLUB ACTIVITY CLUBS

Friday Night Dance

Come dancing, we have live bands booked every Friday night in June! We will be looking forward to seeing you! It is so nice to be able to share this time with you and others dancing and laughing too is such good feelings. Doors open at 6:30pm and music starts at 7:30pm until 10:30pm with a break at 9pm to enjoy a beverage and some of the good cookies that have been showing up for us to enjoy! (Baked by Evergreen kitchen volunteers) Admission at the door. Members \$10 and Non-members are welcome at \$12. Dance Reps: Peggy and Mary

Golf

Join fellow Golfers at "The Park" on Wednesday and Friday mornings. T-off time is currently at 9:00 am. With earlier t-off's as we get into the warmer Summer Season. We play a no pressure 9-hole game. Game play is fun and not serious. New members are always welcome. Must have current Evergreen Club Membership to join. For more info, contact Janet M. (for contact number please call reception at 250-338-1000).

Gospel Sing Along

Weekly sing alongs will continue Thursday mornings until the end of June, with summer sessions on July 13 and August 17. Our gatherings are casual and fun, feel free to drop in and sing along, or just enjoy listening to the old hymns and choruses!

Jeanette Harrison who started our Gospel sing along in 1999, was moved to Victoria for health reasons and to be near her son and now passed away March 24. She was a lovely Christian lady and now is in Heaven. We are thankful for Jacquie who has come to lead us along with Mary at the piano. Come and sing with us Thursdays at 10:30 am.

Genealogy

For our June meeting the Genealogy Club will be out to lunch, as we wind up for this session.

Never fear we will be back in September with tales of challenges, success, and learning opportunities. To stay in the loop, you might want to check our Facebook page at "Evergreen Seniors Genealogy Club" See you after the summer break.

More info? call Diane 250-335-1510

Heartstrings

Wednesdays 9:30 am to 11:30 am

Welcome to Heartstrings. We are a group of guitar, ukulele (and other stringed instruments) and accordion players that get together for a fun time of playing and singing songs from days gone by to some more current (but not too current) songs. Members play a mix of electric and acoustic instruments, not too loud, so that you can't hear yourself, but loud enough to cover some of our mistakes.

While we are not an instructional group, players with a fair knowledge of chording should be able to fit in. Chords and words are provided on an overhead projector for you to play along with. There is a \$2 drop in fee that we charge per session (your first session is free.)

Spectators are welcome.



Horseshoes

Come and enjoy the experience of playing horseshoes, we started April 4th! We have fun, non-competitive mixed play on Tuesday afternoons starting at 1 pm. Meet us at the Lewis Park pitches, beside the tennis courts. Everyone is welcome, no experience necessary. Horseshoes are available or bring your own.

You are welcome to try it out once or twice then an Evergreen membership is required. Drop in fee \$2.

On Saturday May 20th, three Evergreen Horseshoe Club members traveled to Powell River to compete in the Powell River Spring Open Tournament. A day full of friendly competition with many games played guarantees a return visit next year.

Results of the day:

Wayne Rushton 2nd place A Division
Lyle Trockstad 2nd place B Division
Arnie Morrison had a super day!



Arnie Morrison, Lyle Trockstad,
Wayne Rushton

Please Remember!

Membership is required to participate in all activities at the Evergreen Club. Please take out your 2023 membership!

EVERGREEN CLUB ACTIVITY CLUBS

Improv Club

Greetings !!! Improv is every 2nd and 4th Wednesday of the month at 1 pm.

We are working on coming up for a name for the group. Every session brings a couple of new faces and every session brings laughter and some silliness and just a lot of spontaneous fun. First and almost the only guideline is to support each other and go along with whatever comes up. It is like playing together as children with no arguments and lots of support.

Everyone welcome. We are usually in Rotary Hall on the Main Floor off Anderton. Hope to see you there. More Info?
Call Mary at 250-703-0315.

The "Jam"

Every Monday (except holidays) from 2:30-4:30pm in the Rotary Hall. We use the website Ultimate Guitar (U.G.) to access any song an individual wishes, put it in their chosen key, put it on the screen for all to see (lyrics and chords), give them the microphone, and everyone plays along to their rendition of the song. We are averaging two choices per person each session.

We have had guitars, ukuleles, bass, banjo, mandolin, harmonica, keyboard, a drum kit, soloists, and a wide variety of songs selected. To sing, it's preferred if you email the song title, the performer, your choice of key, and the U.G. version to jamezp@telus.net by the preceding Saturday. Jim will find your song and be ready for you when your turn comes. Bring your instrument (acoustic preferred) and play along at your own skill level. First visit free, and subsequently a toonie donation to help cover equipment costs. Spectators free, welcome, and wanted.

Karaoke

Karaoke June 21st! As the Rogers and Hammerstein lyrics go "June is bustin' out all over." Feel like bustin' out in song yourself now that spring has finally sprung? Or want to "just listen" and be entertained while others sing? Come to the Conference Hall between 1 pm and 3:30 pm. Share however much time you can spare that day and be with our friendly Karaoke Group. Whether it's your first time singing or your monthly songfest you're sure to find a familiar song and a warm welcome. Once again, Allan, Sandy and Sally will be there waiting. Come and have fun the third Wednesday of any month!

Knit & Crochet

Joins us around the table in the Evergreen lounge on Tuesday afternoons starting at 1 pm.

Lacemakers

Lacemaking Group meets 1:30 - 4:00 p.m the 2nd and 4th Fridays each month in the Craft Room. We welcome anyone interested in making lace. Join us or come to visit and see what we do!

Mah-Jong

The Mah-Jong Club is meeting in the Rotary Hall on Tuesdays at 12:30 pm. Please come 10 to 15 minutes early so we know how many tables to set up. Must be a member of the Evergreen Club. Drop in fee is 50 cents.

For info call or email Marg
250-898-1158 fowler48@telus.net

Meet & Greet - Singles

Thank you June Robson for stepping up to co-chair May's meeting, due to my absence.

4 new members were welcomed. May's luncheon was at the Griffin Pub with 15 in attendance. It was a beautiful sunny day to watch the Snowbirds during their training.

Our Guest Speaker for June is Robyn Fyfe, owner and instructor, along with Jesse Diver from Pacific Pro Dive. Their presentation will include, bringing equipment and sharing their experience diving under water. Learning and exploring the wonders of our ocean.

Come and join us for our next meeting Wednesday June 7th at 1 pm. in the Rotary Hall. Reminder No Meetings in July and August.

Elaine Kivela
250-941-2518

Mexican Train

Come to the Evergreen Lounge on Wednesday afternoons at 1 pm for a fun game of dominoes. New players welcome!

Quilters

We do custom hand quilting and charge a fee for this service, the money goes to the Evergreen Club. The customer provides us with the top, batting, backing, thread and we quilt it together on one of our frames. We will provide instruction for new members. Come & visit us in the Craft Room every Monday from 12:15 pm until 3 pm for our quilting bee, and see what we are working on. If you have an interest, please do not hesitate to contact me.

Connie Watson 250-890-1948

EVERGREEN CLUB ACTIVITY CLUBS

Recorder

The Trouble Clef Recorder Players meet every Tuesday afternoon at 1:30 in the Craft Room and play a variety of music in 3 and 4 parts including pieces from the Renaissance and Baroque eras, country dance music, and Canadian songs. New players are welcome as well as other woodwind and string players. If there is interest a beginner group may be formed. For more information contact Michael, miclayers@gmail.com or come to the Craft Room when we meet.

Scrabble

Join us in September as we are taking the summer off!



Slo Pitch

The weather has been great for the start of practice games that were held. There are still people coming out to join and those who are checking it out to see if Slo Pitch is a fit for them. We have quite a good number of people who have joined so we were able to put together 4 teams. We also have a Taxi Squad for those who are not able to commit to play full time. So, if there is anyone who is interested in playing ~ there is a spot for you!

We have had our first Social at the park after one of Tuesday's games. It was a nice turn out and a chance for people to get to know one another off the field. We will be continuing to have them though the season.

A reminder, the B.C. Senior Games are in Abbotsford on August 22 to 26. For more information you can go to their website.

For more info, Heather Dyas, League Director / hmdyas@outlook.com / 250-465-8503

Social Dance Club

Since our start-up in February, a cadre of enthusiastic participants have emerged who enjoy non-stop dancing during our bi-weekly, one and a half hour sessions. Our motivation in forming the Club was to provide an informal, fun setting for dancers of all abilities. We deliberately steered away from any suggestion of formal lessons but now find this is happening 'informally', with competent dancers sharing their skills with others. We will take a break over the summer but already have dates planned for the fall."

"Our final dance on Monday June 12th is an evening dance: 7:00 to 9:00 PM in the Conference Hall. All are welcome to attend but we ask dancers who have not attended the Club's lunch-time sessions to let Alan know so we can manage the function. It promises to be a lovely evening!"

Linda Stewart / Alan Box Supper Club

Sign up on the bulletin board in the Evergreen Lounge to join the group for a dinner out once a month.

Table Tennis Monday

Table Tennis provides a welcoming place for players of all levels. Doubles and singles can be played. Masks are optional. Membership in the Evergreen Club is required after the first visit. We usually play every Monday except holidays. Join us on Mondays between 11:30 and 1:30 pm. Paddles and balls provided. An affordable couple of hours all for a loonie.

FMI contact Louise
louisedragonrider@gmail.com
or 250 338-2718

Table Tennis Thursday

Come and enjoy a fun filled 2.75 hrs of beyond recreational to competitive table tennis. If you are new to this activity, or haven't played for a while, some instruction can be provided within the first hour of our evening. We are here to have some fun and exercise. Table tennis is a brain sport which is accessible for beginners. It has a relatively low injury risk. This game features a mix of aerobics, strategy, quickness and coordination. Our Thu Night Table Tennis Group is nearing capacity (24 active members) so a "structured play format" is essential to ensure everyone's enjoyment. Our "structure play format" is outlined below:

- 1) 6:00 pm start time - 6:30 pm (warm-up).
- 2) 6:30 pm – 7:30 pm a table tennis doubles version of King's Table
- 3) 7:30 pm – 8:45 pm we split into Level 1 & Level 2 players and play a doubles version of King's Table. If the numbers for a given evening are less than 10 the singles games will be played.
- 4) For those that are not interested in competing in a win/lose game format we dedicate one table for their play.

To join you'll need a 2023 Evergreen Club membership. There is a drop-in fee of \$1.00. We have paddles for those without. Balls are provided.

Texas Hold'em Social

Social poker games are held every Friday afternoon in the Rotary Hall starting at 12:30 pm.



EVERGREEN CLUB ACTIVITY CLUBS

Trivia

No Trivia on Thurs. June 15th.

Not doing anything Thursday afternoons? Join us for some lighthearted trivia. We are not a serious group, our main focus is simply having fun. We each bring 20 general knowledge questions and meet from 1-3 pm.

Whist

Whist is a fairly easy game to play and friendly plus there is the bonus of having snacks and tea or coffee after the games are finished, and time to tell a joke or two. Come out and join us, we play Monday night from 6:45 to 9 :00 pm. Cost is \$2 and that gets you a chance at prizes plus a draw. Come meet some new friends.

Norm-Judy

Writers Club

The new Writers Club has gotten together a couple of times this spring to brainstorm about how members would like to see the club operate. The club will break over the summer and start back up in the fall. Watch for dates in the September newsletter.

Walk & Talk

This month we change to a 10:00 am start, every Thursday.

- June 1st Bob Webb Trail.
Meet at Vanier Sports Complex for carpooling.
- June 8th Allen Lake.
Meet at Canadian Tire parking lot for carpooling.
Pack a lunch, we will picnic at the lake.
- June 15th Williams Forest Trail.
Meet at Vanier Sports Complex for carpooling.
- June 22nd Lazo Beaver Trail.
Meet at John's Independent parking lot for carpooling.
- June 29th Bear Creek Park. Meet at Vanier Sports complex for carpooling

Info: Maree 250-702-2640 mclepine08@gmail.com



Ukulele Club

As described in last month's Newsletter Terry Hall and Howie Wong's goal for the newly minted Evergreen Ukulele Club was to have fun learning to play the ukulele and singing songs from the 50's, 60's and 70's. When opening day finally arrived an eager group of about a dozen ukulele players gathered and were waiting expectantly. Waiting it turns out for someone to operate the overhead with the songs and someone else to lead the group. Now Howie, being a successful hockey player was quick to read the rink, so to speak, and immediately said he would run the projector. Terry caught off guard and skating backwards realized too late that he would have to lead the group. Well he rose to the occasion and so thanks to the efforts of these two impresarios, the Evergreen Ukulele Club was born. It is now celebrating its 10th birthday with approximately 50 members, some brand new, some with years of experience and all having fun playing the ukulele.

Although we are not a teaching group many of our songs have just a few simple chords that you can easily learn from our web page. We play and sing as a group so no one hears your missed chords and flat notes. We play from music displayed on a large screen so no fussing with sheets of music. We even have ukuleles you can try at our club practices before deciding to buy your own. Checking us out is free. To join you'll need to have an Evergreen membership. Drop-in fee \$1.00.

We play the second and fourth Tuesday of the month starting at 4:30 and ending at 6:00. For more info contact: "Terry Hall"
comoxterry@gmail.com

EVERGREEN CLUB MEMBERS' TRIPS

Registration for **NEW** trips opens on **Tues. June 6th**

June Mystery Trip

Date: Friday June 9th

Depart: 10:00 am Florence Filberg Building - Upper Level

Return: 4:00 pm approx. Filberg Centre- Upper Level

Cost: \$60 *Does not include lunch, food, or drinks.



Come with us for a mystery trip for lunch and a visit to... somewhere! Dress to be outside for a bit but if the weather is bad we will definitely change to indoor mystery stops. You never know where we will end up!

SkyWalk & Butchart Gardens Tour

Date: Wednesday, June 21, 2023

Depart: 8:00 am Filberg Centre Upper Level

Return: 7:30 pm approx. Upper Level

Cost: \$160 Includes bus, bus driver tip and admission to Butchart Garden.

*Does not include food, drinks, or admission to the SkyWalk.

Join us for a road trip! We will head south aboard a comfortable coach. Our first stop will be at the Malahat SkyWalk where you can choose to purchase a ticket and access the sights for \$30.95, or simply enjoy a coffee in the coffee shop. Next, we head to Butchart Gardens. Enjoy lunch at the Blue Poppy Restaurant, the large atrium style restaurant with casual fare, made with fresh, seasonal ingredients. Afterwards we will take in the gardens, and browse the gift shop. On the return trip we will stop mid-way for a fast food dinner.

Accessibility Notes: The Malahat SkyWalk experience is wheelchair friendly. The ramp to the top of the spiral tower is slow and gradual making it also walker friendly to take at your own pace. The Butchart Gardens restaurants, Gift Store and the Carousel are wheelchair accessible. Some pathways are narrow, and some have a steeper grade or stairs. Alternate routes are noted on the visitor map.

NEW

Sail to the Symphony

PRISMA Festival Concert Powell River

Date: Saturday June 24th

Depart: 9:15 am meet at the Ferry Terminal (Little River)
walk on 9:55 ferry

Return: 6:30 pm Arrive at Ferry Terminal to walk off

Cost: \$115 includes ferry, lunch and concert tickets



Travel by ferry for an exquisite afternoon in Powell River at the PRIMSA Festival. Experience Mahler's Symphony No. 1 in D Major: Titan, plus the thrilling final round on a Concerto Competition! Lunch, ferry and concert tickets included. We will meet at the Little River ferry terminal, walk on and be bussed to the theatre for buffet lunch and the 2 pm matinee performance. We will take the 5:15 pm ferry home and will be back by 6:30 pm. Please bring your own water, and pack any food/snacks needed for travelling. Dinner is not provided so pack a snack for the trip home or purchase food on the ferry. Park or arrange to be dropped off & picked up at the ferry terminal.

Whale & Wildlife Watch

Date: Wednesday July 12th

Depart: 10:30 am Filberg upper level

Return: 5:00 pm Filberg upper level

Cost: \$ 265.00

NEW

This very special excursion will be on a covered vessel with protected seating, as well as outside upper and lower decks and an onboard washroom. Join us on a 4 hour Whale Watching Tour as we explore the waters of the Discovery Passage. Pack snacks and a lunch to eat on the boat. Max 12 people on this trip!

Accessibility: There is a long dock and ramps to navigate to get to the boat and a large step to get on the boat. Ramp steepness varies according to the tides. Storage is available for folding walkers.

NEW

Long Beach Explorer

Date: Wednesday, July 26, 2023

Depart: 8:00 am Filberg Upper Level

Return: 8:00 pm Filberg Upper Level

Cost: \$180.00 Includes bus, all tips, taxes and lunch at Long Beach Lodge

Climb aboard for a day full of west coast beauty and adventure. We will head to Long Beach to take in the stunning scenery and rugged beauty. This trip will include a short hike, time at the beach, lunch at Long Beach Lodge as well as a few other stops of interest. The price of your lunch and one non-alcoholic drink is included. Please select one of the following lunch options when you register: chicken strips, fish & chips, Cox Bay burger, pulled pork sandwich. Dinner will be a fast food stop, and is not included in the price. The weather can be much cooler than the Valley, so bring layers and a rain coat and be prepared for plenty of outdoor time. Bring some snacks and water. This trip is not geared the mobility challenged. If you have any questions please ask Cathy.

EVERGREEN CLUB ACTIVITIES AT A GLANCE

Check the newsletter, bulletin board or your Activity Club Rep for locations, changes or cancellations.

Monday	Tuesday	Wednesday	Thursday	Friday
Cue Sports 8:30 am - 4:30 pm 6:30 pm - 9:00 pm	Cue Sports 8:30 am - 4:30 pm 6:30 pm - 9:00 pm	Cue Sports 8:30 am - 4:30 pm	Cue Sports 8:30 am - 4:30 pm 6:30 pm - 9:00 pm	Cue Sports 8:30 am - 4:30 pm 6:30 pm - 9:00 pm (most weeks)
Cycling Group meets at 10:00 am	Slo Pitch 9:00 am-12:00 pm Lewis Park	Heartstrings 9:30 am Rotary Hall	Brazilian Embroidery 9 am -12 noon Craft Room	Slo Pitch 9:00 am - 12:00 pm Lewis Park
Canasta 9:00 am - 11:30 am EG Lounge	Fabric Arts 9:30 am Craft Room Back in September	Cycling Group 10:00 am Filberg Centre	Gospel Singalong Rotary Hall 10:30 am Sept - June	Golf at "The Park" in Comox 9 am
Table Tennis 11:30 am - 1:30 pm Rotary Hall	Crib 10 am Rotary Hall	Golf at "The Park" in Comox 9 am	Camera Club (1st & 3rd Thur.) 12:00 - 1:00 pm and 1:00 -2:30 pm Rotary Hall	Bingo 1 pm Rotary Hall
Hand Quilters 12:15 pm Craft Room	Darts 10:30 am Rotary Hall	Mexican Train 1 pm EG Lounge	Art Club 12:30 - 3:30 pm Craft Room	Choristers 10:30 - 12 noon Rotary Hall
Social Dance Club Sept.- June 12:30 pm -2:30 pm Conference Hall	Mahjong 12:30 - 3 pm Rotary Hall	Chess NEW 1 pm Craft Room	Bridge 12:30 -3:30 pm Rotary Hall	Texas Hold'em 12:30 pm Rotary Hall
Book Club 1st Monday 1 -2 pm Craft Room in Sept to June	Horseshoes 1 pm Lewis Park	Scrabble 1 pm Sept - May Sorooptimist Lounge	Trivia 1 pm - 3 pm Sorooptimist Lounge	Lacemakers 2nd & 4th Friday 1:30 - 4 pm Craft Room
Writers Group NEW Starting in Sept.	Carpet Bowling 1pm Conference Hall	Improv Club 2 nd & 4 th Wed 1 pm Rotary Hall	Euchre Club 1:00 pm EG Lounge	Computer Club Not meeting until further notice
The "Jam" 2:30 pm - 4:30 pm Rotary Hall	Stamp Club (2 nd Tues) 1 - 3 pm Sorooptimist Lounge	Meet & Greet (Singles) 1st Wednesday 1pm Sept - June	Carpet Bowling 1 pm Conference Hall	Fri. Night Dances Rotary Hall 7:30 pm
Drama Club 3 - 5 pm Conference Hall	Knit & Crochet Group 1 pm - 3 pm EG Lounge	Karaoke Conference Hall 2nd Wed. May 1 pm	Walk & Talk 10 am See newsletter for locations	<p>Thank you to the City of Courtenay for ongoing support of the Evergreen Club</p>
Whist 7:00 pm - 9:30 pm Rotary Hall	Recorder 1:30 pm Craft Room	Floor Curling Native Sons Hall Grand Hall, NSH Sept-April	Genealogy Club 3rd Thurs 1 - 3 pm Sept - June Conference Hall	
	Social Bridge 6:45 pm - 10 pm Rotary Hall		Table Tennis 6:00 pm - 9:00 pm Rotary Hall	

