



evergreen club

Discover Your Path

Evergreen Club Memberships

January 1 - December 31, 2023 \$35

Website www.evergreenclub.ca

Email: info@evergreenclub.ca

Florence Filberg Centre Reception

411 Anderton Ave

Courtenay, BC V9N 6C6

Monday to Friday 8:30 am - 4:00 pm

Phone 250-338-1000

Evergreen Lounge Food Service

Monday 8:30 am - 1:00 pm

Tuesday - Friday 8:30 am - 3:00 pm

Kitchen Phone: 250-338-1953

President's Message

Submitted by Gord Kruger Evergreen Club President

Once again it's greetings to all.....the month of May is about to set upon us and I have a few things to pass along. Normally a short weather discussion comes up at this juncture so why change now. After suffering through what seemed like ENDLESS rain and wind over the last few weeks, it seems that help is on the way. Higher temperatures and sunshine are all the talk now as the weather news is headed in a positive direction. The weather guy is talking 20 plus by the weekend so shake out the shorts and get ready.

I have to pass along several kudos for things well done over the last couple of weeks. For starters the "Turkey Luncheon" held on Wednesday April 5th was by all accounts a wonderful affair and our food gal Alisha and her crew did a great job....wonderful grits and warm hospitality too....a great combination. A couple of weeks later on Wednesday April 19th it was our Special Events and Volunteer Coordinator Cathy and crew who provided us with a great "Volunteer Appreciation Luncheon". It was a great afternoon of fun, frolic and food and a special way to say THANKS to our wonderful and dedicated volunteers that help make the Evergreen Club the success it is. There was a lot of superb music from earlier times and even our very own Elvis dropped by. There were also numerous prizes won and a "who knew Elvis best" game that we all got to participate in. Guess who won???

MAY 2023

The Evergreen Club Monthly Newsletter



Camera Club Winner Abandoned Buildings Photography by Neal Erickson

DATES TO REMEMBER

EG Executive Committee

Monday May 8th 9 am

Activity Club Reps Meeting

Monday May 8th 11 am

Comox Valley Concert Band

Mother's Day Concert

Sunday May 14th 2 pm

Book Launch Betty Annand

Sunday May 14th 1 pm

New Members' Welcome

Monday May 15th 10:00 am Craft Room

Facility Closed

Victoria Day Monday May 22nd

Continued on page 2.

EVERGREEN CLUB NEWS

CRA Evergreen Club

Courtenay Recreational Association
250-338-1000

Janet CRA Exec. Director &
EG Club Coordinator
jhutchinson@courtenay.ca

Cathy EG Club Special Event &
Volunteer Coordinator
caudia@courtenay.ca

Alisha EG Food Services
Coordinator

CRA Evergreen Club Executive Committee

President
Gord Kruger 250-339-4389

Vice-President
Nettie Webers 250-334-3499

Secretary
Dianne Bruon 250-338-0940

Wayne King 250-339-4127
Riki Jager 250-339-1316
Ron Webber 250-338-6603
Louise Stevenson
louisedragonrider@gmail.com

Evergreen Club Activity Representatives

Each of our Activity Clubs has a volunteer representative (aka the Rep). For names and contact information for an Activity Rep please contact reception.

Activity Club Reps: Please submit your newsletter reports for the **June newsletter by Wednesday May 24th.**

Submit to the office or email Janet at jhutchinson@courtenay.ca

President's message continued...

Name tags are on the way. Some folks wanted them as a way to help build community within the club. The name tags will be ready in early May. They will cost \$10 and will be sold as a club fundraiser. On Sunday May 14th the Evergreen Club will present the Comox Valley Concert Band and they will be providing a Mother's Day Celebration Concert called Soundtrack Flashback. The featured songs will recall some of our early experiences as listeners and performers. Tickets are ten bucks and will be available at the door. May 16th will bring Robb Flannery to our club to give a presentation on "Reverse Mortgages". Robb is the Senior Mortgage Advisor with Bayfield Mortgage Professionals in Courtenay. The information that Robb has for you could be very valuable to our members at this point in their lives. If you still own a home, are 55 years or older and have some equity in that home, a reverse mortgage may be just the thing to make your remaining years much more comfortable. There is no cost to attend and Janet has more information.

And now something in a simpler vein before I depart....a) The ability to speak several languages is an asset, but the ability to keep your mouth shut in any language is priceless.....b) had an interview and they said the starting salary was forty thousand but could go up to eighty thousand later...I said "GREAT, I'll start later.....c) when I have a headache I take Two Aspirin and keep away from children...just like the bottle says.....

"ADIOS Compadres"....gk



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The Evergreen Club is a program of the Courtenay Recreational Association (CRA), a non-profit organization. The Evergreen Club's Executive Committee oversees the Evergreen Club on behalf of the CRA Board of Directors.



Cover Photo

The Camera Club encourages members to expand their horizons as well as show off their work by holding an internal competition every two months. We have a set subject, albeit usually one with many interpretations. We each select five images from those submitted and the nine with the most votes are then displayed in the EG Lounge for a month. All those visiting the centre are able to vote for their favourite. The theme showcased in this newsletter is Abandoned Places. The 1st place and 2nd place winners are used for The Evergreen Club's newsletter front page, one each month.

EVERGREEN CLUB NEWS

A Note From Janet

April showers bring May flowers is very apt this year! The storms and rain in April were quite dramatic. I was glad so many people were able to hang out in the cheerful atmosphere at the Evergreen Club.

There is so much going on I find myself on fast forward in order to keep up with all the activities and events. We now have over 1600 members! As you know the Evergreen Club is a non-profit organization. Our three Evergreen Club staff work steadily to keep the Evergreen Club running smoothly. As coordinator, I work forty hours a week, Cathy as Event and Volunteer Coordinator is here twenty five hours per week and Alisha, our Kitchen Coordinator works twenty one hours. And most importantly, more than 150 volunteers work countless hours to support all the Evergreen Club programs! I am pleased to say that we have received a grant to hire a summer student this year for eight weeks. Whoever we hire will be busy too! Your membership fees, food purchases and special ticket revenue fund the operation of our club. Thanks for all your support.

Since 2016 the Evergreen Club has grown from thirty-two to forty-seven activity clubs. Two more groups are starting up. A writing club met for the first time in April and they hope to grow their group in the coming months. The first Chess Club meeting, since the Covid closure, is on Wednesday May 10th at 1 pm in the Craft Room.

Have you experienced wondering where your club is meeting some weeks? It used to be that when an activity club was bumped due to a city rental, we just canceled that Activity Club's meeting. However in this last year I have been juggling groups between available rooms so we almost never have to cancel one of our activities. I really appreciate everyone's patience as we work to make room changes work and avoid cancellations. Watch the white board in the Evergreen Lounge for last minute announcements!

Did you get to see the Drama Club's production this year? What a great show written by one of members, Betty Annand. Congratulations to the cast and crew, and thanks for the laughs! If you are looking for something to do on Mother's Day, our next event is the Comox Valley Concert Band's show on Sunday May 14th. The theme this year is "Soundtrack Flashback", and you will be treated to many familiar and catchy tunes. All Evergreen Club events are fundraisers and the revenue goes directly to our club.

As summer approaches some groups will end in late May or June and resume in the fall, however most continue all summer. Be sure to check in with your Activity Club Rep to see what your group has decided.

I am off for a few days the last week of April and a few in May but mostly I am around, so see you at "the Club".

Cheers, Janet



Member's Nametags Available in Early May

We are pleased to announce Evergreen Club name tags will be available to purchase starting on Wednesday May 3rd. The name tags are a great way to build community within the club, and are especially helpful for new members or that one person's name you can't remember! We encourage everyone to wear a name tag while you are at the club and on bus trips.



Name tags are \$10 and also serve as a fundraiser for the club. We will have volunteers on hand to give out nametag request forms during busy times for the first few days. You can take the completed form to the city receptionists to place your order and pay for your nametag. **Warning: Do not wear magnet over pacemaker!**

Join the fun at the Evergreen Club!

Evergreen Club Membership

\$35 January 1– December 31, 2023

All membership fees go towards the operation of the Evergreen Club, which is a non profit organization.



Membership is required to participate in all activities at the Evergreen Club. Please take out your 2023 membership now!

You can get an Evergreen Club membership online at the City of Courtenay or call or drop by the Lewis Centre or the Filberg Centre.

Lewis Centre 250 338 5371
Filberg Centre 250 338 1000

EVERGREEN CLUB NEWS

The Evergreen Club
presents the
Comox Valley
Concert Band



**Soundtrack
Flashback**

SUNDAY MAY 14

2:00 pm (doors open at 1:30 pm)

Conference Hall, Florence Filberg Centre

Everyone welcome to this special musical Mother's Day celebration featuring songs that recall our first experiences as listeners and performers

Tickets \$10 (12 and under free) available at the door or at the Florence Filberg Centre office

Info: www.comoxvalleyconcertband.com
Evergreen Club • 250-338-1000 • 411 Anderton Avenue

Lunch and Learn Seminar CHIP Reverse Mortgage

Tuesday May 16th 11:30 am

It is no secret that the recent hike in inflation is making life more difficult for Canadians 55+, especially those with low or fixed incomes. You may be feeling the pinch of higher bi-weekly/monthly payment obligations. On top of a higher cost of living, it may be time to renew your mortgage if it is nearing the end of its term. You might find that heightened interest rates are pushing your payments beyond your budget and impacting your cash flow. Have you been looking for financial relief but feel the solutions out there do not meet your needs? The CHIP Reverse Mortgage may be an option.

We would like to cordially invite you to a Lunch and Learn Seminar hosted by Canadian Home Equity Bank and Robb Flannery Senior Mortgage Advisor on Tuesday May 16th from 11:30AM to 1:30PM. Lunch and refreshments will be served courtesy of Canadian Home Equity Bank.

RSVP to Cathy by May 12th
250 338 1000 caudia@courtenay.ca



EVERGREEN CLUB FRIDAY NIGHT DANCES

7:30 pm Rotary Hall
Florence Filberg Centre

May 5 Amigos
May 12 Nite Life
May 19 Double Play
May 26 Amigos

Admission at the door

Members \$10

Non Members \$12



Coffee/tea /cookies included.

Non alcoholic beverage available for purchase.

Computer Support Coming back in June!



The Computer/iPad/iPhone
Assistance Program
is on hold until the end of May.

Fill out the form to request assistance (located on the cork board outside of Janet's office).

Submit it to reception.

You will be contacted in the order in which the forms are received when our volunteer is ready to set up appointments again!

EVERGREEN CLUB NEWS

SENIORS' GET-UP-AND-GO CHALLENGE Volunteers Needed!

WE NEED YOU! Would you like to help run a new Evergreen Club event called the "Comox Valley Seniors Get-Up-and-Go Challenge"? This aged 55+ event challenges all participating seniors to complete their choice of one of three pre-determined routes (1.5 km, 2.5 km, 4 km). All routes will begin and end at the Florence Filberg Centre. The routes will involve Simms Park, Lewis Park and the Riverwalk Pathway. Routes can be completed in any fashion that the participant chooses, e.g., walk, jog, bike, wheelchair etc. This event is non-competitive – therefore the amount of time it takes to complete the chosen route is not important. The "CHALLENGE" is to "Complete the Route". Participants can also choose to participate in a Scavenger Hunt that may result in a prize. Participants will be asked to donate a non-perishable food item that will go to our local Food Bank. The Get-Up-and-Go Challenge provides a convenient and non-competitive opportunity for seniors to get out and have some exercise and fun. We need 15 volunteers who can commit to one 60-minute meeting over the summer, and to staff the event itself from 9:00 am to 2 pm on Thursday September 14. To be part of the fun on the organizing team, please contact: Ron Sitter ronsitter@shaw.ca

The Corner Store - A Great Success



Congratulations to the cast & crew on the great success of the Second Stage Players presentation of "The Corner Store". This production was written, created and produced entirely by members and volunteers from the Evergreen Club.

New Club Alert Writers Circle

Hello,

I am Lawrence Cooper, past and current poet laureate of the Comox Valley, a senior, and a member of Evergreens. I love writing, especially poetry. I would like to invite you to what I call the Sacred Writers Circle. We share our inner thoughts and feeling in a safe place with safe people. We support each others dreams, hopes, and fears that are expressed in the poems and writing we write and the feelings we share. There is no judgment on what we share or the quality of our writing. I am especially interested in sharing and hearing your thoughts and fears on the process of aging. Hopefully we can leave something behind to encourage the generations that will follow.

Our first session will be on Monday May 8th. Join us on the 2nd and 4th Mondays each month, 2:30 pm to 4:00 pm in the Soroptimist Room

Calling all Chess players!



The Chess Club will be starting up on Wed. May 10th at 1 pm. Come play a game or two the Craft Room.

Rico will welcome you and help organize the games. All skill levels welcome!

Join us for the next **NEW MEMBERS'** **WELCOME**

Prospective Members
Welcome Too

Monday May 15th
10 am Craft Room

Drop by for a complimentary beverage and an informal chat to meet our Evergreen Club staff and other new members.



We'll talk about everything Evergreen Club and how to get involved.



Our facebook page name is
The Evergreen Club
at the Florence Filberg Centre.



CATHY'S CORNER

It was so great to see such a great turn out at this year's Volunteer Appreciation. If you were unable to make it I'm sorry you missed it! The event theme was the 1950's and we relived the 50's with a soda pop stand, bowling for prizes, had 50's diner themed food and of course live 50's music. The Singing Sista's treated us to their first performance since COVID, and what a treat it was! Thank you Holly, June, Maureen, Kelly and both Heathers for sharing your beautifully blended vocals. Of course, I can't resist a guest appearance from Greg. Along with some surprise jive dancers, it was a great day to celebrate and thank our many volunteers.

I try not to recruit volunteers to help with the volunteer event, but it would be impossible to pull this off without some help! So, I must thank Sandy and Allan for your work on the sound. Charlotte for your help with the shopping and nametags, and John for doing the lights. I'm already swirling around ideas for next year's event.

Cathy Volunteer & Special Event Coordinator
250 338 1000 or caudia@courtenay.ca

VOLUNTEER OPPORTUNITIES

Have you been meaning to start giving back to the club by volunteering? Then perhaps 2023 is the year! Read the Volunteer Call Out section in the newsletter each month to see our current volunteer opportunities. There is always a new way to contribute.

Kitchen Volunteers We would love to have your help as part of our kitchen crew. Shifts start at just 2 hours and your commitment can be as little as once a month. We work around your schedule so we can fit into your life. Shifts allow time to sit and enjoy a coffee and muffin with the other volunteers and are great ways to meet new people and contribute to our club.

Event Planner If you have an idea for a special event you would like to plan, we would love to hear from you. Planning a Special Event is very rewarding to see it all come together, and the smiling faces of those who attend your event. You will have the creative flexibility to make your vision come to life, with the support of The Evergreen Staff to ensure your event is successful.

Canada Day Tea Dance Event Convener Each year the EG Club along with the city hosts a Canada Day Tea Dance at the Native Son's Hall. This is a free event open to the community. We have tea, lemonade, and cake to enjoy along with some live music and dancing. If you would like to oversee this event, along with the support of the EG Staff, we would love to hear from you.

Bingo Caller Do you have a voice so smooth it needs to be heard over a loud speaker? Maybe Bingo Calling is your calling. A Bingo Caller has a shift every 3rd or 4th Friday from approx. 12:30 to 3:15. The position includes not only calling the numbers but also collecting and counting money. Training is provided, and this position is well supported as there is always someone to help you out with questions that come up. If you are interested in this position we can arrange a shift for you to shadow a caller with no obligation.

Please contact Cathy if you have any questions or are interested in any of the positions.



MORE EVERGREEN CLUB NEWS



Miriam's Muse

This monthly column features wisdoms, jokes and sentiments that serve as inspiration for Miriam Piikkila. Every month a joke or musing is copied from her scrapbook which she generously has agreed to share with us.

Jokes of the Month

"In times of trial," said the prosecutor, "what brings us the greatest comfort?" A voice from the front of the room said. "An acquittal."

The teacher asked, "What does it mean when the barometer is falling?" A student replied, "It means the guy who nailed it up didn't do a very good job."

A vacation is a holiday from everything but expenses.

Destiny shapes our ends. Fatty foods ends our shape.

The winner of April's Where in the World are You From ?



Contest is

Nancy Mullaly

Pick up your prize at reception!

Income Tax Program Thank you!

Thank you to all the volunteers that worked for our Community Volunteer Income Tax Program this year! The team filed approx. 300 tax returns for community members.

Well done,
your work is very much appreciated!

Summer Student Job Opportunity

The Evergreen Club has received a grant, from the federal Government's Canada Summer Jobs Program, to hire a student for eight weeks.

We will be looking for a student with strong organizational and computer skills with a friendly outgoing personality. Ideally the student will be available starting in early June. The criteria for this grant is that the student is between 15 and 30 year old, was a student in 2023 and will be returning to full time studies in the fall.

Interested students can email Janet for more information and/or apply with a cover letter and resume .

Janet Hutchinson
jhutchinson@courtenay.ca

CRA Executive Director
Evergreen Club Coordinator

Please Remember!

Membership is required to participate in all activities at the Evergreen Club. Please take out your 2023 membership!

Important Evergreen Club Trip Info

Any person participating in a day or overnight trip from the Evergreen Club must have a current membership.

Registration for new trips start on the 1st Wednesday of the month.

Add your name to the waitlist if a trip is sold out, we often have room for more people at the last minute.

Cancellations made less than 30 days before the trip date cannot be refunded unless the seat is filled from the wait list.

Bring water and snacks needed for travelling.

Did You Know?

You can register for trips
or take out an
Evergreen Club membership
at the Lewis Centre or
the Filberg Centre?
(In person or by phone)

Lewis Centre 250 338 5371
Filberg Centre 250 338 1000

The Florence Filberg Centre and the
Evergreen Club are

Scent Free Zones

Thank you for being aware of this
policy and helping all our members
be comfortable while at the
Evergreen Club.



Watch the menu board for surprise lunch specials

EVERGREEN CLUB KITCHEN

May Lunch Specials

Monday	Tuesday	Wednesday	Thursday	Friday
1	2 Cabbage Rolls	3 	4	5 Lasagna
8	9 Tacos <i>GF</i>	10 	11	12 Ruebens
15	16 Quiche <i>Veg. option avail.</i>	17 	18	19 Beef Dip
22 CLOSED Statutory Holiday	23 Chicken Cordon Bleu <i>GF option avail.</i>	24 	25	26 Shepherd's Pie <i>GF</i>
29	30 Sweet & Sour Pork	31 		

Food Services Hours

Tuesday, Wednesday, Thursday,
Friday 8:30 am to 3:00 pm

Monday Early Closing
8:30 am to 1:00 pm

Filberg Centre Closed
Monday May 22nd Victoria Day

Please bring a bag for your take out meals!
We are trying to reduce the use of plastics!

Daily Menu

Fresh sandwiches, soups, salads, baked goods and beverages.
Take home frozen entrees & soups.

Hot Specials \$7.50

Typically served on
Tuesdays, Wednesdays and Fridays starting at 11:30 am

We have launched some more diverse menu items to include more options for those with dietary restrictions and preferences. The kitchen is offering new options to include more gluten free and vegetarian choices.

GF = Gluten Free or GF option
Veg = Vegetarian or Veg option

EVERGREEN CLUB ACTIVITY CLUBS

The Art Group

Once again we hope you enjoyed the display of our paintings in the Evergreen Lounge this past month. A mixture of still life, flowers, landscapes and people. We do enjoy painting and creating - and then sharing our work with you all.



What used to be 'our little art group' has gained a few more members which has been interesting in that it has bought different ideas, styles and techniques to the group, and made for some enlightening discussion and not to mention a certain amount of curiosity. We meet Thursday afternoon in the Craft Room, and you are welcome to drop by and say hi!

Stay well, jane

Book Club

The Book Club meets the first Monday of every month at 1 pm in the Florence Filberg Centre. Some of the titles read and recommended by our members at our April meeting were:

A Good Neighborhood, Therese Anne Fowler
Foster, Claire Keegan
A Long Petal of the Sea, Isabel Allende
The Hard Road Out, Jihyun Park and She-Lynn Chai
The Diamond Eye, Kate Quinn
The Choice, Gillian McAllister
Denial, Beverley McLachlin
Land, Simon Winchester
Age of Vice, Deepti Kapoor
Radio Girls, Sarah-Jane Stratford



Our next meeting will be May 1st, at 1 pm in the Florence Filberg Centre upstairs in the Soroptimist Room. Joyce

Bingo

Bingo is bringing out a larger crowd every Friday. Cost is \$2.00 for the first 2 cards and 50 cents for any others up to a maximum of 8 cards. Tickets for the 50/50 are \$1.00 each. If you are looking for fun, come out, have lunch and spend a pleasant afternoon playing!

FMI: Kelvin Davis
250-338-8321

Brazilian Embroidery

Join us in the Craft Room on Thursday mornings at 9:00 am. Come see this beautiful style of embroidery.

Bridge Thursday

Thursday afternoon Bridge is in the back half of the Florence Filberg Rotary Hall 12:30 pm start.

Bridge Tuesday Night

Join us for Bridge in the Florence Filberg Rotary Hall at 7 pm.

Canasta

We meet on Mondays from 9 am to 11:30 am in the Evergreen Lounge. New players are very welcome.

Camera Club

Don't know your F-stop from an ISO? Can't find your camera's "ON" button? Worried you'll get arrested if you shoot RAW? If you answer "YES" to any of these, then the Evergreen Camera Club is for you. We welcome all levels of photographers from shy beginners to seasoned pros.

We meet in the Rotary Hall twice a month on the 1st and 3rd Thursdays. From noon to 1pm we focus on photo editing and other advanced topics. From 1 to 2:30pm we host our general meeting, where we discuss all things cameras and photography. Come give us a try (and bring your camera).

Carpet Bowlers

Drop in play continues through May at 1 PM every Tuesday and Thursday. There will be no games May 11, 16, and 18.

Choristers

The Choristers sang out at Casa Loma last month. We were well received by the residents who also enjoyed singing along with us.

In May we will be going to Cumberland as well as Casa Loma, so that will be Cumberland on the 8th and Casa Loma on the 15th. Both singouts are at 1:30 on a Monday so please mark your calendars.

We are still looking for some one to accompany us on a musical instrument for our singouts. If you would be able to help please contact me Valerie at 250 897-1749 .

See you all on any Friday at 10:30



EVERGREEN CLUB ACTIVITY CLUBS

Cribbage

Come play crib on Tuesday mornings at 10 am in the Rotary Hall. Everyone welcome!



Ellis Wheaton (picture above) from our April 4th crib day got a perfect 29 point hand. The odds are in excess of 218,000 to 1. Kelvin Davis also had one in December 2022.

Cue Sports

No Evening Play on Friday April 28th

Drop by the Games Room for a game of 8 Ball or Snooker Monday through Friday between 8:30 am and 4:30 pm. The Games Room will also be open, some evenings between 6:30 pm to 9 pm but you must arrive between 6:30 pm and 7 pm after which the Filberg Centre doors are locked.

Evening play will be most Mondays, Tuesdays, Thursdays and some Fridays. Please watch the bulletin board in the Games Room for last minute changes for evening play. All players must be out of the Games Room and lights out by 9 pm sharp. Please respect the custodial schedules and adhere to these times.

Drama

Thank for all you support for our production of The Corner Store at the end of April. The cast and crew had a great time and the audience was great!

Cycling

This spring has definitely presented some challenges for cycling however an unforeseen benefit is we were able to test out our rain gear.

We all know summer will come so now have finalized our Monday tour schedule. This includes trips to Campbell River, Quadra Island, Denman and Hornby Islands, Qualicum, Parksville, Nanoose, and Horne Lake. These out of town tours will be around the 30 to 40k range and include many rest stops plus lunch.

Wednesday rides we still meet 10 am Filberg and 10:30 Comox QF for tours in our local area. Always welcome new riders on regular bicycles or e-bikes. For more information please contact me at ejkimball62@gmail.com or at the Filberg office.

Ernie Kimball



Darts

Darts are played in the Rotary Room every Tuesday morning. It starts at 10:30 am sharp until 12:30. We ask everyone to be here by 10:15 so we can organize teams. It is a fun non competitive way to spend a Tuesday morning. No experience necessary. We have a great bunch of people. It costs \$1.00 per week.

Some high score this past month are:

Mike -100, Linda-106, Brian-119, Norma and Mike-119, William-120, Lynn-127, Bob-131, John-133, Wayne-134, Steve-140,

High checkout: Bob and John won with triple 3, Maria-57, Kybor-66,

We had a fun dart tournament on a Saturday which we made a day of. Thank you to Ginny Greene for helping out by marking wins and losses and keeping us organized.

For more information contact Linda MacMullen at 250-897-0646



EVERGREEN CLUB ACTIVITY CLUBS

Euchre

Euchre is on Thursday afternoons at 1 pm. Please join us for some good-natured competition and fun in the Evergreen Lounge.

Fabric Painters

Well here we are in the last month of painting until September. We are very happy to have Marcia back with our group. We have been coming up with some new ideas for items to sell in the bazaar. We are always open to new members.

Marjorie

Floor Curling

We are done for the year, see you in the fall!

Friday Night Dance

Our bands are booked for the month of May so we will be looking forward to seeing you! It is so nice to be able to share this time with you and others dancing and laughing too is such good feelings.

Doors open at 6:30pm and music starts at 7:30pm until 10:30pm with a break at 9pm to enjoy a beverage and some of the good cookies that have been showing up for us to enjoy! (Baked by Evergreen kitchen volunteers)

Admission at the door. Evergreen Club Members \$10 and Non-members are welcome at \$12.

Dance Reps: Peggy and Mary



Euchre Players in the Evergreen Lounge on Thursday afternoons.

Golf

We are in full "Swing" (pun intended) for another season. Nice to see last years returning golfers, and some new faces joining us. Always welcoming new members as well. This is purely a Fun League.

Join us every Wed and Fri at 9:00 am at "The Park". Hours to be adjusted to a slightly earlier T-off time, once the warmer Summer weather starts.

If you have any questions, please contact Janet M.. (For contact number, please contact Reception at 250-338-1000).

Gospel Sing Along

On rainy days, music and singing is a great way to start your day. Come and sing the beautiful hymns of worship with us each Thursday morning at 10:30. Jacquie & Loretta

Heartstrings

Wednesdays 9:30 am to 11:30 am

Welcome to Heartstrings. We are a group of guitar, ukulele (and other stringed instruments) and accordion players that get together for a fun time of playing and singing songs from days gone by to some more current (but not too current) songs. Members play a mix of electric and acoustic instruments, not too loud, so that you can't hear yourself, but loud enough to cover some of our mistakes. While we are not an instructional group, players with a fair knowledge of chording should be able to fit in. Chords and words are provided on an overhead projector for you to play along with. There is a \$2 drop in fee that we charge per session (your first session is free).

Spectators are welcome.

Genealogy

April's meeting was show and tell. A variety of items were presented including a glass slipper and dog tags.

May's meeting promises to be just as interesting. This will be your last opportunity for a regular meeting until September since we will have a wind event in June. To keep up to date please visit our facebook group page "Evergreen Seniors Genealogy Club". It's open to everyone.

Our next meeting is Thursday, May 18, at 1pm, in the Conference Hall (upstairs).

See you there,
Diane

EVERGREEN CLUB ACTIVITY CLUBS

Horseshoes

Come and enjoy the experience of playing horseshoes, we started April 4th! We have fun, non-competitive mixed play on Tuesdays afternoon starting at 1 pm. Meet us at the Lewis Park pitches, beside the tennis courts.

Everyone is welcome, no experience necessary. Horseshoes are available or bring your own. You are welcome to try it out once or twice then an Evergreen membership is required. Drop in fee \$2.

Improv Club

Did you know that the Evergreen Centre has Improv every 2nd and 4th week of the month at 1pm. There is really nothing to learn or memorize. We work as a team coming up with whatever pops into our head and the only rule is we build on what the other says and we never deny or say no. We celebrate failures (cause it doesn't always work) and we are totally present to each other and we help each other out. It is two hours of laughter and sometimes hilarity without anyone trying to be funny or clever. We have a great group going but we always welcome more.

Mary 250-703-0315

Amber 1-778-265-7869

Knit & Crochet

The knitting and crochet group is busy as bees with various projects. We are also making projects for various groups around the valley.

- * Fiddle muffs for Alzheimer's patients
- *Purple baby hats for the shaken baby syndrome
- *Small octopus for premie babies
- *Lap robes for seniors
- *Cat mats for the cat rescue centres



...and last, but not least, many lovely items for the next craft sale at the Evergreen Club. We have a large, friendly group of ladies meeting on Tuesday from 1 - 3 pm.

The "Jam"

Every Monday (except holidays) from 2:30-4:30pm in the Rotary Hall. We use the website Ultimate Guitar (U.G.) to access any song an individual wishes, put it in their chosen key, put it on the screen for all to see (lyrics and chords), give them the microphone, and everyone plays along to their rendition of the song. We are averaging two choices per person each session.

We have had guitars, ukuleles, bass, banjo, mandolin, harmonica, keyboard, a drum kit, soloists, and a wide variety of songs selected.

To sing, it's preferred if you email the song title, the performer, your choice of key, and the U.G. version to jamezp@telus.net. by the preceding Saturday. Jim will find your song and be ready for you when your turn comes. Bring your instrument (acoustic preferred) and play along at your own skill level. First visit free, and subsequently a toonie donation to help cover equipment costs. Spectators free, welcome, and wanted.

Karaoke **Date Change: 2nd Wednesdays this month, May 10th**

Spring into spring with song! Sing like a warbler or croak like a crow? Never tried karaoke before? None of these things matter. What matters is that you like music and want to express the music that's in your heart! Choose a song from the book. Then take a turn. Sing by yourself, with the singer on the disc, or even with people you've just grabbed. Simply step up to the mic and when the music starts and the words pop up on the monitor, sing your heart out! Sandy and Allan are always glad to explain things or help you out. And remember you're welcome to drop in and just listen to the singers and enjoy the afternoon's entertainment.

Due to a booking for the Conference Room, the Karaoke group will be meeting on the second Wednesday afternoon in the month of May instead of the usual third Wednesday afternoon. May's Karaoke has been moved to the 10th. It's always come for the fun when you can between 1pm and 3:30pm and leave anytime you wish.

Lacemakers

Lacemaking Group meets 1:30 - 4:00 p.m the 2nd and 4th Fridays each month in the Craft Room. We welcome anyone interested in making lace. Join us or come to visit and see what we do!

Mah-Jong

The Mah-Jong Club is meeting in the Rotary Hall on Tuesdays at 12:30 pm. Please come 10 to 15 minutes early so we know how many tables to set up. Must be a member of the Evergreen Club. Drop in fee is 50 cents. For info call or email Marg 250-898-1158 fowler48@telus.net

EVERGREEN CLUB ACTIVITY CLUBS

Meet & Greet - Singles

April's Guest Speakers were Caroline Robinson from ICBC/ Road Safety, coordinator for the Mid/North Vancouver Island. Along with Susan Morrison and 2 colleagues from Courtenay BC Service. They gave a very informative talk on all our questions regarding our auto insurance.

April's luncheon was at the Flying Canoe. Our outing with 7 in attendance was a tour at the Ocean Front Village with Chris Swift as our guide.

Our next meeting is Wednesday May 3rd @ 1 p.m in the Rotary Hall. Come and join us for a Social Time so we can get to know each other ... bring a joke or two. Audrey Calvori will share some of her videos with us. New members are welcomed!

Elaine Kivela 250-941-2518

Mexican Train

Come to the Evergreen Lounge on Wednesday afternoons at 1 pm for a fun game of dominoes. New players welcome!

Quilters

We do custom hand quilting and charge a fee for this service, the money goes to the Evergreen Club. The customer provides us with the top, batting, backing, thread and we quilt it together on one of our frames. We will provide instruction for new members. Come & visit us in the Craft Room every Monday from 12:15 pm until 3 pm for our quilting bee, and see what we are working on. If you have an interest, please do not hesitate to contact me.

Connie Watson 250-890-1948

Recorder

The Trouble Clef Recorder Players meet every Tuesday afternoon at 1:30 in the Craft Room and play a variety of music in 3 and 4 parts including pieces from the Renaissance and Baroque eras, country dance music, and Canadian songs. New players are welcome as well as other woodwind and string players. If there is interest a beginner group may be formed. For more information contact Michael, miclayers@gmail.com or come to the Craft Room when we meet.

Slo Pitch

Good day Senior Slo Pitch Players, I realize everyone is getting itchy feet to start up ball and our weather is being so uncooperative. These April showers better be bringing us huge fields of flowers our way!!!

Weather permitting, we are looking to start up this week, Tuesday April 25th and Friday, April 28th. It's showing that sun and warmth are coming our way. We have a long season ahead, so there are plenty of games to be played! So, see you out on the field at Lewis Park for 9:00 am!

Thanks, Heather Dyas

League Director

259-339-2106 / 250-465-8503

hmdyas@outlook.com

Social Dance Club

In May the club will meet Mondays in the Conference Hall. Dancers of all skill levels can enjoy an afternoon of music, dance, and laughter. Whether you're a ballroom, swing, two-stepper, or any other type of dancer why not help us fill the dance floor. Various dance styles and genres of music will be played. We welcome ideas, and or suggestions that may help this group be successful. May 8, 15, 29. For more information, please contact Alan at boxtrot@shaw.ca

Scrabble

Join us Wednesdays at 1 pm in the Soropotimist Lounge.



Supper Club

Sign up on the bulletin board in the Evergreen Lounge to join the group for a dinner out once a month.

Table Tennis Monday

Table Tennis provides a welcoming place for players of all levels. Doubles and singles can be played. Masks are optional. Membership in the Evergreen Club is required after the first visit. We usually play every Monday except holidays. Join us on Mondays between 11:30 and 1:30 pm. Paddles and balls provided. An affordable couple of hours all for a loonie. FMI contact Louise louisedragonrider@gmail.com or 250 338-2718

Texas Hold'em Social

Social poker games are held every Friday afternoon in the Rotary Hall starting at 12:30 pm.

Trivia

Not doing anything Thursday afternoons? Join us for some lighthearted trivia. We are not a serious group, our main focus is simply having fun. We each bring 20 general knowledge questions and meet from 1-3 pm.

Whist

Whist is a fairly easy game to play and friendly plus there is the bonus of having snacks and tea or coffee after the games are finished, and time to tell a joke or two. Come out and join us, we play Monday night from 7 to 9 PM. Cost is \$2 and that gets you a chance at prizes plus a draw. Come meet some new friends.

Norm-Judy

EVERGREEN CLUB ACTIVITY CLUBS

Table Tennis Thursday Night Group

Come and enjoy a fun filled 2.75 hrs of beyond recreational to competitive table tennis. If you are new to this activity, or haven't played for a while, some instruction can be provided within the first hour of our evening. We are here to have some fun and exercise. Table tennis is a brain sport which is accessible for beginners. It has a relatively low injury risk. This game features a mix of aerobics, strategy, quickness and coordination. Our Thu Night Table Tennis Group is nearing capacity (24 active members) so a "structured play format" is essential to ensure everyone's enjoyment. Our "structure play format" is outlined below:

- 1) 6:00 pm (start time) – 6:30 pm (warm-up).
- 2) 6:30 pm – 7:30 pm a table tennis doubles version of King's Table, and
- 3) 7:30 pm – 8:45 pm we split into Level 1 & Level 2 players and play a doubles version of King's Table. If the numbers for a given evening are less than 10 the singles games will be played.
- 4) For those that are not interested in competing in a win/lose game format we dedicate one table for their play.

To join you'll need a 2023 Evergreen Club membership. There is a drop-in fee of \$1.00. We have paddles for those without. Balls are provided.

Walk & Talk

Walk and Talk Schedule for May. All walks start at 1:00pm.

May 4th Puntledge River Meet at parking area beside Puntledge Park on 1st Street. (NB: this is not our usual meeting spot for this trail)

May 11th Seal Bay Seal Flipper and Coupland Loop on ocean side of park. Meet for carpooling in Shoppers Drug Mart parking lot, corner of Anderton and Guthrie Rds, Comox. (Across from Tim Hortons)

May 18th Wildwood Trail Meet at Vanier Sports Complex for carpooling.

May 25th Pub to Pub From Salmon Point. Meet at Vanier again for carpooling.

MAREE 250-702-2640 mareelepine@yahoo.ca
SALLY baysally@uniserve.com

Ukulele Club

Approximately ten years ago two, young at heart, fellas met at a small club on 5th called Joe's Garage. They were both at the club checking out the newly formed ukulele club. After a couple of weeks playing at the club these two novice ukulele players, over a few pints agreed that the Joe's Garage ukulele club just wasn't doing it for them and they decided, over a few more pints, that they could and should form a different and for them a better ukulele club.

Ukulele Club cont'd

And so began Terry Hall's and Howie Wong's quest for the better ukulele club. A club with three simple goals: meet with others to learn to play the ukulele, to play and sing easy tunes from the 50s, 60s, and 70's and finally, and most importantly, to have fun.

Eventually their quest brought them to the doors of the Evergreen Club which saw in these two whippersnappers a golden idea and an opportunity to add to the centre's growing list of clubs and activities. Space was for these boys and with their talents both musical and technical the Evergreen Ukulele Club was born.

Tune into next month's newsletter to learn some of the trials and tribulations of this new infant Ukulele Club. In the meantime tune in to our club where the tunes are timeless.

Although we are not a teaching group many of our songs have just a few simple chords that you can easily learn from our web page. We play and sing as a group so no one hears your missed chords and flat notes. We play from music displayed on a large screen so no fussing with sheets of music. We even have ukuleles you can try at our club practices before deciding to buy your own. Checking us out is free. To join you'll need to have an Evergreen membership.

We play the second and fourth Tuesday of the month starting at 3:30 and ending at 5:00. For more info contact: Terry Hall comoxterry@gmail.com



cont'd next column

EVERGREEN CLUB MEMBERS' TRIPS

Registration for **NEW** trips opens on Tues. May 2nd

May Mystery Trip



Date: Tuesday May 16th
Depart: 9:30 am Upper Level Filberg
Return: 4:00 pm approx. Upper Level Filberg
Cost: \$75 includes transportation, bus, tip and any entry fees.
Meals/ drinks are not included.

It's time again for a mystery trip! Join us as we head out to places undisclosed! The trip will include a lunch "place" as well as one or more stops at "places" of interest. Lunch is not included in the price but entrance fees (if any) are covered for these mystery stops!

Port Alberni Explorer

Date: Sat. May 27th
Depart: 8:30 am
Return: 5:30 pm
Cost: \$100

Join in this day trip to Port Alberni! We have several stops to make as we explore the area. Please bring your own water and any snacks needed for the trip. Dress to be outside for a short time, weather permitting. Cost includes bus, driver tip and any entrance fees but does not include lunch at a local restaurant.

FULL

Come From Away

Royal Theatre Victoria



Date: Sunday May 21st, 2023
Depart: 8:30 am Upper Level
Return: 7:00 pm Upper Level
Cost: \$200

Join us on this day trip to Victoria to see this award winning Broadway musical. We'll leave bright and early, stop for lunch and then attend a 2 pm matinee. On the way back we will stop for take-out snacks. Cost includes bus, driver gratuity, and theatre tickets. Meals are not included in the trip fee. Please bring your own water, blanket and pack any food/snacks needed for travelling.

NEW

June Mystery Trip

Registration for **NEW** trips opens on Tues. May 2nd



Date: Friday June 9th
Depart: 10:00 am Florence Filberg Building - Upper Level
Return: 4 pm approx. Filberg Centre- Upper Level
Cost: \$60 *Does not include lunch, food, or drinks.

Come with us for a mystery trip for lunch and a visit to... somewhere! Dress to be outside for a bit but if the weather is bad we will definitely change to indoor mystery stops. You never know where we will end up!

NEW SkyWalk & Butchart Gardens Tour

Date: Wednesday, June 21, 2023
Depart: 8:00 am Filberg Centre Upper Level
Return: 7:30 pm approx. Upper Level

Cost: \$160 Includes bus, bus driver tip and admission to Butchart Garden. *Does not include food, drinks, or admission to the SkyWalk.

Join us for a road trip! We will head south aboard a comfortable coach. Our first stop will be at the Malahat SkyWalk where you can choose to purchase a ticket and access the sights for \$30.95, or simply enjoy a coffee in the coffee shop. Next, we head to Butchart Gardens. Enjoy lunch at the Blue Poppy Restaurant, the large atrium style restaurant with casual fare, made with fresh, seasonal ingredients. Afterwards we will take in the gardens, and browse the gift shop. On the return trip we will stop mid-way for a fast food dinner.



Accessibility Notes

The Malahat SkyWalk experience is wheelchair friendly. The ramp to the top of the spiral tower is slow and gradual making it also walker friendly to take at your own pace. The Butchart Gardens restaurants, Gift Store and the Carousel are wheelchair accessible. Some pathways are narrow, and some have a steeper grade or stairs. Alternate routes are noted on the visitor map.

EVERGREEN CLUB ACTIVITIES AT A GLANCE

Check the newsletter, bulletin board or your Activity Club Rep for locations, changes or cancellations.

Monday	Tuesday	Wednesday	Thursday	Friday
Cue Sports 8:30 am - 4:30 pm 6:30 pm - 9:00 pm	Cue Sports 8:30 am - 4:30 pm 6:30 pm - 9:00 pm	Cue Sports 8:30 am - 4:30 pm	Cue Sports 8:30 am - 4:30 pm 6:30 pm - 9:00 pm	Cue Sports 8:30 am - 4:30 pm 6:30 pm - 9:00 pm (most weeks)
Cycling Group meets at 10:00 am	Slo Pitch 9:00 am-12:00 pm Lewis Park	Heartstrings 9:30 am Rotary Hall (Dec. 21 Conf. Hall)	Brazilian Embroidery 9 am -12 noon Craft Room	SloPitch 9:00 am - 12:00 pm Lewis Park
Canasta 9:00 am - 11:30 am EG Lounge	Fabric Painters 9:30 am Craft Room Sept to June	Cycling Group 10:00 am Filberg Centre	Gospel Singalong Rotary Hall 10:30 am Sept - June	Golf at "The Park" in Comox 9 am
Table Tennis 11:30 am - 1:30 pm Rotary Hall	Crib 10 am Rotary Hall	Golf at "The Park" in Comox 9 am	Camera Club (1st & 3rd Thur.) 12:00 - 1:00 pm and 1:00 -2:30 pm Rotary Hall	Bingo 1 pm Rotary Hall
Hand Quilters 12:15 pm Craft Room	Darts 10:30 am Rotary Hall	Mexican Train 1 pm EG Lounge	Art Club 12:30 - 3:30 pm Craft Room	Choristers 10:30 - 12 noon Rotary Hall
Social Dance Club May 8,15 & 29 12:30 pm -2:30 pm Conference Hall	Mahjong 12:30 - 3 pm Rotary Hall	Chess NEW 1 pm Craft Room	Bridge 12:30 -3:30 pm Rotary Hall	Texas Hold'em 12:30 pm Rotary Hall
Book Club 1st Monday 1 -2 pm Craft Room in March & April Sept to June	Horseshoes 1 pm Lewis Park	Scrabble 1 pm Sorooptimist Lounge	Trivia 1 pm - 3 pm Sorooptimist Lounge	Lacemakers 2nd & 4th Friday 1:30 - 4 pm Craft Room
Writers Group NEW 2 nd & 4 th Monday 2:30 pm Sorooptimist Lounge	Carpet Bowling 1pm Conference Hall League Play	Improv Club 2 nd & 4 th Wed 1 pm Rotary Hall	Euchre Club 1:00 pm EG Lounge	Computer Club Not meeting until further notice
The "Jam" 2:30 pm - 4:30 pm Rotary Hall	Stamp Club (2 nd Tues) 1 - 3 pm Sorooptimist Lounge	Meet & Greet (Singles) 1st Wednesday 1pm Sept - June	Carpet Bowling 1 pm Drop in Conference Hall	Fri. Night Dances Rotary Hall 7:30 pm
Drama Club 3 - 5 pm Conference Hall	Knit & Crochet Group 1 pm - 3 pm EG Lounge	Karaoke Conference Hall 2nd Wed. May 1 pm	Walk & Talk 1 pm See newsletter for locations	<p>Thank you to the City of Courtenay for ongoing support of the Evergreen Club</p>
	Recorder 1:30 pm Craft Room		Genealogy Club 3rd Thurs 1 - 3 pm Sept - June Conference Hall	
	Ukulele Group (2 nd & 4 th Tuesday) 3:30 Rotary Hall	Floor Curling Native Sons Hall Sept-April Grand Hall, NSH	Table Tennis 6:00 pm - 9:00 pm Rotary Hall	
	Social Bridge 7 pm - 10 pm Rotary Hall			

